

The Business Cycle — Worksheet

Part A — Phases, drivers and indicators

This worksheet builds the skill of describing the business cycle and reading its phase from macroeconomic indicators — a foundation for the AE, AD/AS and policy lessons that follow.

When identifying a phase, cite the **direction** of at least two indicators (e.g. "GDP falling *and* unemployment rising"). One indicator on its own is rarely enough to be sure of the phase.

Phases and drivers

1. On the axes below (real GDP against time), sketch a business cycle around a rising long-run trend. Label an expansion, a peak, a contraction and a trough.

2. Explain how a rise in aggregate demand can move the economy from a trough into an expansion. Refer to at least one component of aggregate demand.

Indicators

3. Complete the table by describing the typical movement of each indicator in each phase.

Indicator	Expansion / peak	Contraction / trough
Real GDP growth		
Unemployment rate		
Inflation rate		
Business confidence		

4. Distinguish between a leading and a lagging indicator, giving one example of each.

Interpretation

5. An economy reports: real GDP growth -0.4% then -0.6% in consecutive quarters; unemployment up from 4.0% to 5.1% ; inflation easing. Identify the phase of the cycle and justify your answer with the data.

6. Explain why a slowdown in the *rate* of GDP growth is not the same as a contraction.